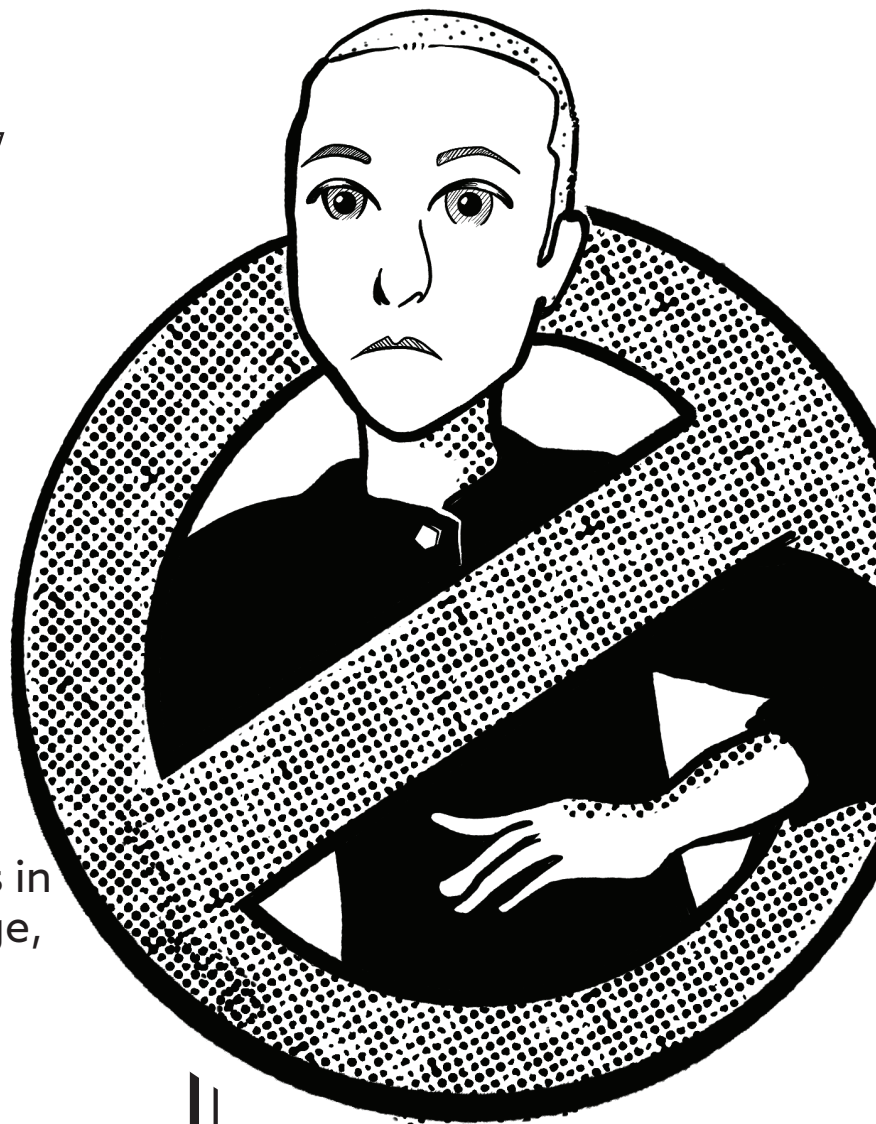


# SO ANYWAY, HERE IS HOW TO DELETE YOUR THREADS ACCOUNT

*These instructions are for the  
desktop version of Threads*

- Click the two parallel lines in the bottom left of the page, then click Settings.
- Click Account at the top, then Deactivate or delete profile.
- Click Delete profile.
- Follow whatever prompts show up, then click Delete Threads profile.



NEED HELP LEAVING FACEBOOK  
AND INSTAGRAM AS WELL?

**[HTTPS://ZUCKOFF.INFO](https://zuckoff.info)**